



CENTER OFFERS CLASSES - Members of the Acceptance, Change, Empowerment (A.C.E.) Center at Fellowship Health Resources, Inc. (FHR), a nonprofit mental health and substance abuse treatment agency, will tie, dye, and design their own clothing during upcoming Studio 35 workshops at 547 Bradford Street.

Studio 35 is FHR's diverse healing arts recovery program that is designed to enrich the lives of participants, staff, and community members. "Studio 35 brings together the clinical treatment, peer support, and creative arts to individualize services for recovery from mental illness," says FHR President/CEO Joe Dziobek. "It's a venue for self-expression, resulting in self-confidence."

Tie-dye is the theme for two upcoming classes on Thursday, June 21, and Thursday, July 12, at 11 a.m. "We're providing the dye and bandanas to tie-dye," Martin explains. "But if someone wants to tie-dye another piece of clothing, we certainly welcome them to do so. There's no limit with Studio 35."

For more information about these classes, or any Studio 35 activities in Delaware, contact Regional Director Ken Donovan at 302-934-1861. For more information about Fellowship Health Resources, Inc., visit www.fellowshiphr.org.